

ST. MONTFORT SCHOOL, BHOPAL

REPORT ON SEMINAR SAFE AND UNSAFE TOUCH

A highly informative and crucial seminar on "Safe and unsafe Touch" was conducted in the school auditorium for the students of Class III on June 21, 2025. The session was led by our school counsellor, Mrs. Shradha Balwani ma'am, and aimed to educate young students about personal safety and appropriate boundaries in an age-appropriate and sensitive manner.

The primary objectives of the seminar were to help students understand the difference between safe and unsafe touches. Empower students to identify and report instances of bad touch. Encourage open communication about personal safety with trusted adults. Teach students about body autonomy and their right to say "no."

The seminar began with Counsellor Mrs. Shradha ma'am establishing a comfortable and interactive environment for the young students. She used simple language, engaging visuals, and relatable examples to explain the concepts of good touch and bad touch.

Ma'am explained good touches as those that make children feel safe, loved, and comfortable, such as a hug from a parent, a pat on the back from a teacher, or a handshake.

She clearly illustrated bad touches as any touch that makes a child feel uncomfortable, scared, confused, or hurt. She emphasized that bad touches are always wrong, regardless of who is doing the touching.

Practical safety rules were introduced, including:

- * The importance of knowing their "private parts" and that no one should touch them.
- * The concept of "safe adults" (parents, teachers, trusted family members) to whom they can report any concerns.
- * The power of saying a firm "NO" to any uncomfortable touch.

The session included a Q&A segment where students were encouraged to ask questions.

The seminar was highly effective in conveying sensitive information in a child-friendly manner. Students appeared to grasp the concepts well and actively participated in the discussions. The session empowered them with valuable knowledge and strategies to protect themselves. The presence of the counsellor ma'am also provided a reassuring figure to whom they could turn for support.

The seminar successfully equipped the young learners with essential knowledge and confidence to understand and address personal safety concerns. Such proactive measures are vital in fostering a safe and secure environment for all students.

Prepared By:

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